



St Vincent's SunSmart Policy

Aims

The policy aims to:

- Provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection;
- Provide environments that support SunSmart practices; and
- Create an awareness of the need to reschedule outdoor activities to support SunSmart practices

Procedures

Our school recognises that winter sun also contributes to skin damage. This policy will therefore be implemented throughout the year.

The purpose of this SunSmart policy is to ensure all children attending our school are protected from the harmful effects of the sun throughout the year.

St Vincent's Commitment

- Inform parents of the SunSmart policy when they enrol their child;
- Include the SunSmart policy statement on the school website;
- Increase the amount of shade in the school grounds, where possible, by building shelters and planting trees;
- Incorporate education programs that focus on skin cancer prevention into the school curriculum;
- Encourage all teachers and staff to act as positive role models for children in all aspects of SunSmart behaviour;
- Seek ongoing support from parents and the school community for the SunSmart policy and its implementation, through newsletters and parent meetings;
- Ensure all students wear a SunSmart rash shirt UPF 50+ and wear SPF 30+ broad-spectrum, water-resistant sunscreen when involved in water activities;
- Ensure all students and staff wear hats that protect the face, neck and ears and SPF 30+ broad-spectrum, water-resistant sunscreen when involved in outdoor activities;
- Encourage students without adequate sun protection to use shaded or covered areas at recess and lunch times;
- Ensure wherever practicable that outdoor activities take place before 10am and after 3pm;
- Ensure adequate shade is provided at sporting carnivals and other outdoor events;
- Ensure SPF 30+ broad-spectrum, water-resistant sunscreen is included in the school sports kit;
- SPF 30+ broad-spectrum, water-resistant sunscreen is available from the school uniform shop; and
- Review the SunSmart policy regularly.

St Vincent's Expectations

Parents/carers will:

- Purchase school uniform regulated hat for their child and ensure they wear it to and from school;
- Ensure their child applies SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before leaving for school;
- Ensure their child's uniform is worn to school to school;
- Act as positive role; and
- Support the school's SunSmart policy

Students will:

- Adhere to the school's SunSmart policy;
- Comply with SunSmart rules and guidelines by wearing suitable hats, clothing and sunscreen;
- Apply SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before going outdoors;
- Use shaded or covered areas when outdoors;
- Act as positive role models for other students in all aspects of SunSmart behaviour; and
- Participate in SunSmart education programs.